

CCV Health Science A.S. to Vermont State University (VTSU) Health Science B.S. Health & Wellness Coaching Concentration*

Catalog Year: 2024-25

This transfer pathway will help you plan courses at the Community College of Vermont (CCV) that will meet course specific requirements at VTSU.

- CCV and VTSU are both a part of the Vermont State College System (VSCS). Students have one common VSCS transcript. As such, courses taken at CCV are not considered transfer credit.
- VTSU is a partner in the Vermont Transfer Guarantee, <https://ccv.edu/academics/transfer-from-ccv/vermont-transfer-guarantee/>
- Students who have completed an associate degree at the Community College of Vermont will have completed all associate level general education requirements at VTSU.
- VTSU accepts all general education credits and associate’s level VSCS graduation standards from CCV.
- Transfer courses from regionally accredited institutions will be accepted if grades are C- or better.

| Associates of Science in Health Science at CCV | Bachelor of Science in Health Science at VTSU |
|--|---|
| General Education: First Semester Seminar - CCV INT 1050 Dimensions of Self & Society | General Education Requirement - VTSU CNX 1010 Connections Seminar 1 |
| General Education: Introductory Written Expression - VSCS ENG 1061 English Composition | General Education: Introductory Written Expression - VSCS ENG 1061 English Composition |
| General Education: Digital & Computing Literacy – VSCS Choose: CIS 1041 Computer Applications or CIS 1430 Spreadsheets | VSCS General Education: Digital & Computing Literacy |
| General Education: Mathematics – VSCS Choose: MAT 2021 Statistics I | General Education: Mathematics - VSCS MAT 2021 Statistics I |
| General Education: Natural Science - VSCS BIO 2011 Anatomy & Physiology I | General Education: Natural Science - VSCS BIO 2011 Anatomy & Physiology I |
| General Education: Social Science – VSCS Choose: PSY 1050 Human Growth & Development | General Education: Social Science - VSCS PSY 2070 Lifespan Hum Development |
| General Education: Arts & Aesthetics - VSCS Any eligible course in this category | General Education: Arts & Aesthetics- VSCS |
| General Education: Humanistic Perspectives - VSCS | General Education: Humanistic Perspectives - VSCS |

In final form on June 12, 2024
CCV Contact: Nicole Stetson
VTSU Contact: Lori Arner

| | |
|--|---|
| Any eligible course in this category | |
| General Education: Communication - CCV Any eligible course in this category | Meets general education requirement for bachelor's degree |
| General Education: Research & Writing Intensive - CCV Any eligible course in this category | VTSU general education requirement met for CCV graduate* Connections Seminar 2 |
| General Education: Seminar in Educational Inquiry - CCV HUM 2010 Seminar in Education Inquiry | Meets general education requirement for bachelor's degree |
| Core Program Requirements: | |
| AHS 1045 Introduction to Healthcare | AHS 1310 Explorations in Health & Exer Professions, 2 cr, OR SCI 1001 Science Colloquium, 1 cr & SCI 1230 Pathways to Science 1 cr |
| BIO 2012 Anatomy and Physiology II | BIO 2012 Human Anatomy and Physiology II |
| AHS 2015 Principles of Public Health | PED 2370 Intro to Community & Public Health |
| Health Science Electives, 10 credits Choose: CHE 1031 General Chemistry I PHY 1041 Physics I Any Health Science Electives | CHE 1031 General Chemistry I, program requirement PHY 1051 Physics I, program requirement Will count towards 120 credits for Bachelor's degree |
| Electives: 6 credits BIO 1212 Introduction to Biology: Cells and the Genetic Basis of Life | Will meet credits required for bachelor's degree BIO 1121 Biology I |
| Total CCV Credits: 60 | Total Remaining Credits at VTSU: 60 |
| Courses to be taken at VTSU | |
| AHS 2010 Current Health Issues, 3 cr AHS 2065 Nutrition in Health & Performance, 3 cr AHS 2410 Foundations of Research, 3 cr BIO 1121 Biology I, 4 cr, <i>(if BIO 1212 not completed at CCV)</i> General Electives to meet 120 credit degree requirement | |
| Health & Wellness Coaching Concentration (BS.HLT.HWC), 15 cr** | <i>Take the following 5 courses:</i> AHS 2350 Physical Activity in Health and Disease 3 cr AHS 2480 Introduction to Wellness Coaching 3 cr AHS 4025 Health Behavior: Change & Adherence 3 cr AHS 4110 Psychophysiology of Stress 3 cr AHS 4840 Practicum in Health Coaching 3 cr |
| Total Credits to Complete B.S. Degree: 120 | |

**Students who have graduated from CCV or who are transferring with 30 credits or more and have previously completed an intermediate research and writing intensive course are exempt from VTSU Connections Seminar 2.*

*** The Health & Wellness Coaching concentration is an Approved Health & Wellness Coach Training & Education Program by the National Board for Health & Wellness Coaching (NBHWC). Graduates of this program are eligible to apply for the HWC Certifying Examination to become a National Board Certified Health & Wellness Coach (NBC-HWC).*